For some, the idea of a perfect holiday might be relaxing by the beach or lounging by the pool. But for many, a holiday isn’t complete without a healthy dose of adventure. If you’re looking for a holiday destination that is as exciting as it is beautiful, you’ll find no better choice than Kenya. Its natural beauty and diverse landscape mean there is excitement around every corner, whether you’re looking to explore the land, discover the seas, or take to the skies.
ST FASCINATING PLAYGROUND
Kenya has excellent weather all year round, so there’s truly no bad time to visit. Fresh air, pristine beauty, and incredible wildlife; there’s so much to love about Kenya’s inland regions. Kenya’s sprawling landscape offers an excellent variety of environments to explore. From the misty highlands to the endless savannahs, land-lovers will rejoice at the bounty of experiences to be had.

If you’re always striving to reach new heights both mentally and physically, you’ll soon discover what makes Kenya such a popular adventure destination. With terrain suited for hikers and climbers of every skill level, and safaris specially designed for those who want to explore on foot, Kenya offers a breath-taking experience from every vantage point. Everything from crescent islands to enchanted forests, you’ll find the perfect location to match your ability.
when to visit
Climb Mount Kenya

For climbers, there’s no experience quite like Mount Kenya. With towering spires, sheer cliff faces, jagged ridges and snow-capped peaks, Mount Kenya boasts the second highest peak on the African continent. The diverse range of terrains and conditions makes Mount Kenya a haven for climbers, hikers and trekkers alike. Batian and Nelion, Mount Kenya’s main summits, can only be reached through a rigorous technical climb over rock and ice. Point Lenana, the mountain’s third highest peak, is popular with trekkers who want the spectacular views without the rigors of a technical climb.
Running wild in Kenya

Kenya is home to numerous high altitude training camps where our world-beating athletes in addition to others from around the world come to train. What makes high altitude training so popular? At high altitudes, the air is thinner, meaning lungs have to work harder to supply oxygen to the body. As a result, lung capacity and efficiency is increased, which in turn can lead to improved endurance, an edge that many believe helps Kenyan athletes excel.

Where to train:

High Altitude Training Center, Iten
www.hatc-iten.com
Rhino Charge – Best of Kenya off Road Driving

This unique off-road car rally is held every year to raise money for conservation of Kenya’s water towers. A variety of vehicles aim to reach marked checkpoints scattered over a rough terrain. During the rally, teams have to make the decision between taking a safer, wider route or taking a riskier more direct route. The Rhino Charge is both a sporting and social event. Every year, hundreds of spectators head into the bush to catch the vehicles; setting up campsites and starting off early, following the teams as they navigate through the various checkpoints.

For more information visit www.rhinocharge.co.ke
ON LAND

Explore Hells Gate

Naivasha is a great place for those who enjoy walking. Hell’s Gate National Park is easily accessible, and unlike many other National Parks visitors are completely free to walk anywhere in the park. There are stunning landscapes, spectacular rock towers and a lot of wildlife on offer. Walking into the lower gorge is a fascinating trek through winding rock canyons, with geothermal steam vents and hot springs along the way. Hell’s Gate National Park has some of Kenya’s best Rock Climbing. There are high cliffs with several possible routes, and plenty of opportunity for climbs and abseiling. Fischer’s Tower, a large volcanic pillar, is also a good climb.
Biking in Kenya

One of the best ways to explore Kenya is by bicycle. This gives you the freedom to explore quiet village roads down at the coast or trails along our many lakes, or out in the wild at Hell’s Gate National Park in Naivasha. Biking in Kenya is an ideal opportunity to get some fresh air and exercise, and get a new perspective on the country and local life.

For more information go to:

Rift Valley Odyssey
www.riftvalleyodyssey.com

Diani Bikes
www.dianibikes.com
Camel Treks

Camel Safaris are becoming an increasingly popular way to explore the ranches in Northern Kenya. The camel is perfectly adapted to this landscape and is widely used throughout Northern Kenya. This is a once in a lifetime experience, walking through the bush with only the sounds of the wild and the soft tinkling of the camel bells, you will find yourself travelling at a relaxed pace, moving through the wild in tune with the rhythms of nature.
Horseback Safaris

Have you ever dreamed that you could ride a horse through the mighty wildebeest migration and canter alongside giraffe? Well, yes you can in Magical Kenya.

On horseback, you can discover and explore the most remote locations in Kenya, a country uniquely rich in magnificent wildlife. Using the same paths walked by the nomadic tribes since the dawn of civilisation, horseback safaris allow for enjoyable, uninterrupted rides across open country with the freedom to move with the wildlife. From the Maasai Mara Plains to Laikipia, Lake Naivasha to Mount Kenya and Chyulu Hills, these are some of the prime wilderness areas in Kenya that are perfect for exploration on horseback. The very best safari is the one that takes you closest to nature, it starts with a Kenya Safari on horseback.
Water Sports in Kenya

The Kenyan coast line has some of the world's top beaches. With beautiful white sands and sunshine all year round, it truly is second to none. What really makes the coast stand out from the rest is the fantastic water sport activities on offer; with a number of internationally recognised schools catering for lessons and rental of equipment. Your trip to the coast will soon turn into an adventure of a lifetime.
WATER
White Water Rafting

Just 95kms out of Nairobi, the Tana River offers excellent rapids for White Water Rafting. A rafting trip to Sagana offers a combination of 16 kms of White Water (up to Class V in season) and 12 km of clear river ideal for calm drifts through spectacular scenery. The rafting on this stretch of river is ideal for first time rafters, and is an excellent taster for Kenya’s other white water adventures.

The drifts are a good opportunity for bird watching, and over 100 species have been recorded along the riverbanks. If you are looking for an adventurous and relaxing day trip out of Nairobi, this is the perfect option.

For more information go to

Savage Wilderness
www.savagewilderness.org

Rapids Camp, Sagana
www.raftinginkenya.com
WATER
**Kitesurfing**

Kenya’s coastline has a number of fantastic kitesurfing locations: Watamu, Che Shale and Diani are all locations definitely worth a visit. With 10 months of wind a year there is always an opportunity to get out on the water. If it is your first time then our industry leading training providers will be able to look after you. The coast provides all the sought-after conditions from flat water to waves making the Kenyan coast a true Kitesurfing Mecca for those seasoned riders.

For more information go to:

**Tribe Water Sports**
www.tribe-watersports.com

**Che-shale Kite Surfing**
www.cheshale.com

**Quest Kite Boarding**
www.questkiteboarding.com
WATER
**Stand Up Paddle Boarding**

Stand Up Paddle Boarding (SUP) is a great way to enjoy our beautiful protected marine parks. Lessons, rental and excursions are on offer all along the coastline. Kenya has taken the world by storm by being the first destination to offer SUP tours with dolphins. Along the Watamu coast line we can offer the chance of a lifetime to witness these magnificent creatures up close and personal without being intrusive to their natural behavior.

For more information go to:

**Tribe Water Sports**
www.tribe-watersports.com
WATER
Scuba Diving
Adventure also exists below the beautiful waters of the Indian Ocean. Incredible coral gardens and fish species thrive in the beautiful warm waters. Dive schools affiliated with international associations such as PADI Open Water Divers and British Sub-Aqua Club (BSAC) are available in all coastal resorts and work to strict guidelines to ensure your Kenyan diving experience is safe and fun.

For more information go to:
Aqua Ventures
www.diveinkenya.com

Diving the Crab
www.divingthecrab.com
WATER
Deep Sea Fishing
The Indian Ocean offers some of the world’s best fishing. The Kenyan Coastline is one of the only places in the world where you can catch all species of billfish as well as numerous other pelagic fish. With skippers with over 40 years of experience fishing in these waters you can be assured you are in good hands.

For more information go to:

Tarka Fishing
www.fishinginkenya.com

Deep Water SportsFishing, Kenya
www.sportfishing.co.ke
WATER
A bird’s eye view is perhaps the most prized for uninterrupted views from horizon to horizon. Perhaps that is why so many people have a hard time staying on solid ground when they visit Kenya. This beautiful country offers awe-inspiring vistas from every vantage point, but none can quite compare to the experience of seeing Kenya from the air.
HE AIR
Paragliding in Kerio Valley

Kenya’s Kerio Valley in the Rift Valley region is a premiere paragliding destination. With broad escarpments covered in semitropical vegetation, Kerio Valley offers numerous take off points. Wind direction is generally north to south, with a steady easterly flow that provides perfect conditions for takeoffs and landings. Paragliding excursions typically last between 1 to 2 hours, and can cover as many as 10 kilometres or more. When wind conditions are at their best, you might even choose to enjoy a much longer journey.

For more information go to:

Kerio View Hotel
www.kerioview.com
HE AIR
Tandem Beach Jumps
Diani is the perfect place for sky-diving at sea level, it is even possible to experience a full one minute accelerated free fall from 14,000 feet. Best of all, divers land directly on the beach outside their hotel, and after a short rest, can climb back aboard their plane at Ukunda Airstrip, just 10 minutes away.

Novices are welcome to experience the thrill of tandem dives, or to participate in a full skydive course. This is the nearest experience possible to flying free as a bird – freedom at its most pure and simple.

For more information go to:
Sky Dive Diani
www.skydivediani.com
HE AIR
Dawn Balloon Safaris

For a truly unique perspective on this spectacular wilderness, Dawn balloon safaris are carried out daily from several lodges, and can be booked through most safari companies. This incredible once in a lifetime experience offers the visitor a fantastic view of the great plains of the Mara, and the chance to drift unobtrusively over the great herds below.

For more information go to:

Governors Balloon Safari
www.governorsballoonsafaris.com

Hot Air Safaris
www.maraballooning.com
HE AIR
Flying Safaris

For those with larger travel budgets who wish to cover plenty of ground on their safari, private air charters are available. Flying is a perfect way to access remote areas quickly and easily. Some of the ranches in Laikipia can arrange ‘heli-camping’ in which a helicopter is used to transport guests to remote destinations where a luxury camp awaits. This is also a thrilling way to see the local landscapes and wildlife.

For more information go to:

Tropic Air Safaris
www.tropicairkenya.com
HE AIR
EVENTS

10 TO 4 MOUNTAIN BIKE CHALLENGE
FEBRUARY

WATAMU TRIATHLON
APRIL

RHINO CHARGE
MAY

LEWA MARATHON
JUNE
CAMEL DERBY
AUGUST

RIFT VALLEY ODYSSEY
SEPTEMBER

NAIROBI MARATHON
OCTOBER

SAFARI SEVENS RUGBY
NOVEMBER
CONTACT
Kenya Tourism Board
Kenya-Re Towers, Ragati Rd, Upperhill
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Website: www.MagicalKenya.com

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